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**Greener healthcare in Manchester: NHS Trust completes 25,000 positive sustainability and wellbeing actions**

Manchester University NHS Foundation Trust (MFT) has completed a record 25,000 positive actions in the last 6 months to boost sustainability and wellbeing through its engagement programme, Green Rewards.

As a leader in sustainability in the healthcare sector, MFT recently declared a climate emergency and was the first NHS Trust in the UK to partner with Jump, the UK’s leading supplier of engagement programmes.

MFT’s Green Rewards programme, provided by Jump, was launched to all employees across MFT, covering nine hospitals as well as the city’s NHS community health services through Manchester Local Care Organisation (MLCO) in May 2019. As employees have control of up to a third of MFT’s energy usage through daily activity, encouraging greater awareness and engagement with sustainable issues is vital.

During the first six months of the programme, 30,000kg CO2 has been saved by employees taking part in over 40 activities, including; grow your own, get involved with a sustainability project, active commute, carbon calculator and eat local. Over 8 years of meat free days have been recorded, with actions taken by employees saving enough electricity to power 1,755 homes for a day.

In recognition of the impact that their innovative Green Rewards programme is having, MFT has been announced as a finalist in edie’s Sustainability Leaders Awards 2020 in the Employee Engagement and Behaviour Change Initiative of the Year category.

Claire Igoe, Head of Environmental Sustainability at MFT, says “it’s fantastic that our workforce has already achieved 25,000 positive actions. The Green Rewards programme is the perfect opportunity to empower our staff to make a positive difference, and I’m delighted we’ve been shortlisted in the edie awards.”

Graham Simmonds, Chief Executive at Jump, says “it’s great to be helping MFT overcome the healthcare-specific challenges of sustainable behaviour change, namely a large dispersed workforce and non-desk based working environments.

“Their programme has already achieved mass engagement, and is a leading example of how NHS Trusts in the UK can drive positive change and deliver impactful results.”

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Jump is the UK’s leading supplier of engagement programmes that boost sustainability and wellbeing. Working with public, private and higher education sectors to motivate individuals to take positive steps, clients include Manchester University NHS Foundation Trust, Barclays, Camden Council, Scottish Courts & Tribunal Service, University of Bristol and Aberdeenshire Council. For more information about Jump, see [www.teamjump.co.uk](http://www.teamjump.co.uk).